# Symons Elementary COVID-19: Enrichment Resources: Fourth Grade

Dear Families,

Schools are an essential service to our communities, and we understand that this closure may present challenges to some families. Please know that our Milan Area Schools team has been working closely to respond; we are committed to providing you with access to enrichment learning materials and resources to support you. The following is a compilation of resources that you may use to guide the enrichment needs of your family during this closure. To ensure that all students have access to this information, we have online options, as well as paper packets for students who do not have technology available at home. Please note that these resources will not be collected or graded. They are not mandatory and may be used as needed. A suggested schedule is included to help you with planning. Remember to pace yourself, and most importantly, remain positive. We will continue to work together during these unprecedented times. Our school community is strong and that will never change. Please reach out to your child's teacher by email if you have any additional questions or concerns. We miss you and we are here for you!

Our best,

4th Grade Team

## **Suggested Daily Schedule**

| Subject | Suggested Minutes |
|---|---|
| Reading & Writing | 45-60 minutes |
| Math | 30-40 minutes |
| Science/Social Studies | 20-30 minutes |
| Independent Reading | 30-60 minutes |

**Your family can adjust these times as necessary; this is our enrichment recommendation schedule.**

| Reading & Writing | Math | Science | Social Studies | Social/Emotional Support |
|---|---|---|---|---|
| **Technology Options:** https://www.commonlit.org/ https://www.getepic.com/ ___ **Non-Technology Options:** Packet *OR* **Reading:** Read fiction books. Identify the genre. Create story arcs to show the events of the story. Share a summary with an adult. **Writing:** Write a letter to family or friends. Address the envelope & mail if possible. | **Technology Options:** https://math.imaginelearning.com/ ___ **Non-Technology Options:** Packet *OR* Measure perimeter of living room. Practice multiplication facts. | **Technology Options:** https://mysteryscience.com/school-closure-planning# (Work of Water: Mysteries 1-4) ___ **Non-Technology Options:** Packet *OR* Create an erosion model by putting sand and dirt on a tray, adding varying amounts of water, and observe how the water changes the earth. | **Technology Options:** https://www.brainpop.com/ (Watch: 3 Branches of Government and take notes) ___ **Non-Technology Options:** Regions Map Create or draw a map of the USA labeling all of the different regions: West, Midwest, Northeast, South, West. Label all of the states. | **Technology Options:** Tips for Supporting Student Wellness at Home Comic Explaining Corona Virus 10+ Social Emotional Activities for Home ___ **Non-Technology Options:** ● Help your child identify positive coping skills they can use when they are experiencing big feelings (e.g. taking 3 deep breaths when feeling frustrated, practicing yoga, drawing when feeling sad). ● Set up a space in your home with your child where they can go to practice calming their bodies when they are feeling big feelings. This is similar to the "regulation station" your child has in the classroom. |

| Art | Music | PE | Spanish | Technology |
|---|---|---|---|---|
| **Technology Options:**<br><br>How to Draw James Rizzi Style Buildings<br><br>James Rizzi Cityscapes<br><br>___<br><br>**Non-Technology Options:**<br><br>Practice drawing tall buildings on a city street. Add windows, doors, and other details.  You can even add silly faces like the artist James Rizzi adds to his buildings. Trace with marker and color with crayon. | **Technology Options:**<br><br>www.musicplayonline.com<br>username: snow<br>Password: 2020<br><br>www.musictechteacher.com<br><br>___<br><br>**Non-Technology Options:**<br>● Sing a song from Music Class<br>● Design and make your own musical instrument<br>● Listen to your favorite song and clap or dance along | **Technology Options:**<br><br>GoNoodle<br><br>Cosmic Kids Yoga - YouTube<br><br>Kids Workouts<br><br>___<br><br>**Non-Technology Options:**<br>● Go outside and ride your bike, kick a soccer ball, shoot some basketballs, play baseball/softball catch, jump rope, play tag, draw with some sidewalk chalk, skateboard, rollerblade, plant some flowers, and anything else you and your family can do to get moving. ❤<br>● Before you start any activity, check your pulse or heartbeats as we did in gym class before the break. Have someone time 15 seconds while you count the pulse beats. Multiply that number times 4 and you'll have a resting heart rate. Then after you've played and been active for a while, do it again and you'll have your exercise heart rate. | **Technology Options:**<br><br>OnlineFreeSpanish<br><br>Study Spanish for free<br>Click on the Intermediate level (Yellow box). Click on any lesson you like (animals, family, party, community, etc). Choose two games from that unit and play a couple times. See if you can get a better score each time!)<br><br>___<br><br>**Non-Technology Options:**<br><br>The Spanish packet contains a helper sheet, some practice sentences, and an answer key.  Try writing the sentences using the helper sheet, then check your work to see how you did.<br><br>4th Grade Spanish Packet #1 | **Technology Options:**<br><br>Choice Work<br><br>___<br><br>**Non-Technology Options:**<br><br>Video to watch<br><br>Keeping Games Friendly PDF |